



City of San Diego Park & Recreation Department  
"We enrich lives through quality parks and programs."

## STANDLEY PARK & RECREATION CENTER

3585 GOVERNOR DRIVE

SAN DIEGO, CA 92122

PHONE: (858) 552-1652

FAX: (858) 552-1639

# 2006 FALL PROGRAM



**REGISTRATION BEGINS: MONDAY, SEPT. 12, 2006**

**CLASSES BEGIN WEEK OF OCTOBER 2, 2006**

**SEE INSIDE COVER FOR REGISTRATION DETAILS.**

# REGISTRATION INFORMATION

## REGISTRATION INFORMATION

### REGISTRATION BEGINS:

Monday, September 12, 2006 at 12noon.

### CLASSES BEGIN:

Week of October 2, 2006



- \* Registration is taken on a first come, first serve, walk in basis. Phone or mail registration is not accepted.
- \* When classes fill to capacity, waiting lists are formed. Classes *may* be expanded to accomodate additional students.
- \* If classes do not meet minimum enrollment, they will be cancelled and a full refund will be issued.

### PAYMENT POLICY

- \* Payment is required at the time of registration.
- \* Registration deadline is the second class meeting. No registrations will be accepted after the second scheduled class meeting.
- \* Exact CASH or CHECK payable to SPRC are the only methods of payment accepted.
- \* A \$30.00 service fee will be charged for ALL returned checks.
- \* Class fees are NOT pro-rated/discounted after the beginning of the scheduled session.

### REFUND POLICY

- \* Refund request forms MUST be submitted PRIOR to the 2nd scheduled class meeting.
- \* To obtain a refund, a SPRC Refund Request Form (obtain at office) must be completed and submitted with your pink receipt.
- \* A \$10.00 service fee will be charged for each refund request.
- \* No partial refunds or make-ups for missed classes.

### INDIVIDUALS WITH DISABILITIES

All classes can accommodate individuals with disabilities. Upon availability, Therapeutic Services will provide staff for additional assistance along with Standley Park contractual staff. Please request this service at least three weeks prior to the first day of the program. For more information on Therapeutic Services call (619)525-8247.

## STANDLEY RECREATION CENTER

### HOURS OF OPERATION

Effective: September 16 - December 31, 2006

Monday - Wednesday	12:00 - 9:00pm
Thursday	12:00 - 9:15pm
Friday	12:00 - 7:00pm
Saturday	9:00am - 2:00pm
Sunday	Closed

Hours are subject to change without prior notification.

### HOLIDAY CLOSURES



Monday  
September 4



Friday,  
November 10



Thursday  
November 23



Monday,  
December 25

### CITY FEE INCREASE NOTICE

In June 2005, the City Council voted to approve city-wide fee increases; including class and league surcharges, building, field and park use rentals, and more.

We appreciate your continued support and participation through these tough times, as we strive to continue providing you and your family with quality parks and programs.

### STANDLEY PARK RECREATION COUNCIL

This group of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, and equipment. They plan, promote, publicize, and help provide recreation opportunities for citizens in the University City community. Groups, clubs, and leagues using the parks are encouraged to send a representative to the meeting. Meetings are open to the public. We encourage and welcome your participation. The Standley Park Recreation Council meets every 4th Thursday of each month at 7:00pm. If you are interested or have concerns about your neighborhood parks and recreation center, please attend the meetings.

# PARK & COMMUNITY INFORMATION

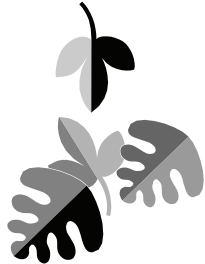
## FACILITIES AVAILABLE

Standley Park and Recreation Center is a City of San Diego Park and Recreation Department facility that is free and open to the public during designated hours.

- Indoor basketball/volleyball courts\*
- Game room with table tennis & foosball table
- Two racquetball courts
- Three meeting rooms\*
- Large playground
- Passive picnic areas
- Picnic shelter\*
- Barbeques
- Outdoor basketball court\*
- Multi purpose fields\*
- Horse shoe pit
- Hiking/Bike trail to San Clemente Canyon & Marian Bear Memorial Park
- Swimming pool\*\*

\*Open to paid reservation, pending availability.

\*\*See page 7 for swimming pool information.



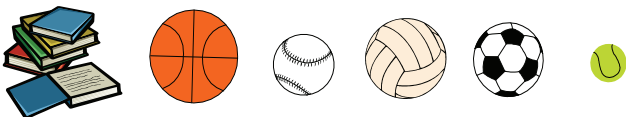
## NEIGHBORHOOD PARKS

University Gardens Park	6431 Gullstrand St.
University Village Park	7150 Florey St.
Marcy Park	5504 Stresemann St.

## PARK USE INFORMATION

For park use and reservations for the above listed areas including, but not limited to, sports field use, picnic areas, party jumps and special events, please contact Standley Recreation Center (858) 552-1652.

Events with 75 or more people MUST have a permit approved by the Center Director.



## IMPORTANT COMMUNITY PHONE NUMBERS

UC Library	(858) 552-1655
Swanson Pool	(858) 552-1653
Doyle Park	(858) 581-7170
UC Racquet Club	(858) 452-5683
UC Little League	(858) 646-9595
UC Girls Fast Pitch	(858) 270-2347
Mesa Soccer	(858) 558-MESA
Youth Basketball League	(858) 587-4727
Adult Softball League	(858) 453-6208
Adult Volleyball League	(858) 573-0721
Stamp Club - Tom Pollick	(858) 755-6324

## GYMNASIUM USAGE

A monthly gym schedule is available at the recreation center for all free play activities. Times are subject to change without prior notification. **Drinks, food, and black soled shoes are prohibited from the gymnasium, no exceptions!**

### OPEN BASKETBALL

Free play basketball is open daily inside and outside on a first come, first serve basis. See gym schedule for indoor free play hours. All ages are welcome.

### OPEN VOLLEYBALL

Free play volleyball is Thursdays from 6:45-9:00pm. Participants are required to set-up and break down nets and poles. Thanks to a generous private donation, the center will be open an additional 15 minutes to provide additional time for free play volleyball.

### OPEN FLOOR HOCKEY

Indoor floor hockey is held every Saturday from 9:00-11:00am, unless otherwise noted in the monthly gym schedule. Must have your own equipment. Player must be 18 years of age or older. For more information or reservation contact Steve at (858) 453-4476.

### GAME ROOM

Game room consists of table tennis and a foosball table. All equipment check-out requires a picture ID or a recreation card (\$0.25) for children up to the 5th grade. Hours subject to change without prior notification.

### RACQUETBALL

Racquetball courts are secured and will be opened by staff according to the sign up schedule. Reservations are taken same day only. Two courts are available Monday - Thursday 7am to 8:45pm, Friday 7am to 6:45pm and Saturday, 9am-1:45pm.

### TENNIS

Tennis courts are operated by the University City Racquet Club. For more information regarding hours, membership, lessons, and more, call (858) 452-LOVE (5683).

### RECYCLE

Standley Park has RECYCLING BINS located at the east end of the swimming pool parking lot. Containers take aluminum cans, newspapers, glass containers, cardboard, and plastic bottles. Keep the park clean by RECYCLING! Please do not overflow the containers.

ILLEGAL DUMPING IS PROHIBITED. All profits are returned to the Standley Recreation Center for programs.



# YOUTH PROGRAMS

## ABC TINY TOTS

This educational play-center environment is oriented to give your child a great start on learning math, reading, and social skills. It will also stimulate creativity and confidence through projects, games, and science in a friendly, fun loving atmosphere. We will explore different themes for your child to create, participate, discover, and problem solve, promoting curiosity and self-esteem. LIMITED TO 10 CHILDREN. CHILD MUST BE POTTY TRAINED.

**Days:** Monday, Wednesday, & Friday

**Time:** 9:00am - 1:00pm

**Ages:** 3 - 5 years

**Fee:** \$465.00/10 weeks

**Instructors:** Ana Schain & Kathy Rezaei

**Session begins:** October 3

**For more information:** 858) 546-0068 or email at [adschain@sbcglobal.net](mailto:adschain@sbcglobal.net)



## AIKIDO

Aikido is non-competitive martial art focusing on the development of a calm mind, relaxed body, and a strong spirit.

**Day:** Tuesday

**Time/Ages:** 5:00-6:00pm 8-10 years

Saturday

9:15-10:15am 6-7 years

(Saturday class taught by Teresa McGee, 2nd Degree Black Belt)

## ADVANCED

**Day:** Thursday

**Time:** 5:00-6:00pm

**Ages:** 11-14 years

**Fee:** \$85.00/10 weeks

**Instructor:** Martin Katz, 5th degree Black Belt, Aikido Association of America

**Session begins:** October 3 & 5



## KIDZ ART

Kidz Art is a drawing based art enrichment program that builds self-confidence, focus, and problem solving skills in a non-competitive environment. Students use only artist quality materials (prismacolors, chalks, oils pastels, etc), which are provided by the instructor who has been certified through Kidz Art. A one time \$15 material fee is due the first day of class.

**Day:** Monday

**Time:** 4:00 - 5:00pm

**Ages:** Kindergarten - 4th grade

**Fee:** \$130.00/10 weeks

**Instructor:** KidzArt Staff

**Session begins:** October 2

**For more information:** (858) 272-9529 or email at [info@sdkidzart](mailto:info@sdkidzart) or visit [www.kidzart.com](http://www.kidzart.com)



**A 10% DISCOUNT IS GIVEN FOR SIBLING REGISTRATION**

## FLYPTIME II GYMNASTICS

**DIAPER DAREDEVILS:** 18 months - 3 years

This parent participation class is designed to expose enjoyment found in physical activities. Focus is on coordination, guided by discovery and body awareness. Each class includes a variety of activities including tunnels, trampolines, slides, balance beams, parachute, and music.

**Day:** Wednesday **Time:** 10:15 - 11:00am

**SUPER TOTS:** 3 - 5 years

Activities include circuit training on a kid size gymnastic apparatus to develop gymnastics skills in rhythm, strength, motor skills, and flexibility.

**Day:** Wednesday **Time:** 11:10 - 11:55am  
or 1:00 - 1:45pm

**HOT SHOTS:** 6 - 12 years

Lessons include vault, bars, balance beam, floor exercise, and trampoline. Skill building equipment is used to teach gymnastics and skill

progression in a challenging and fun atmosphere.

**Day:** Wednesday **Time:** 1:50 - 2:35pm

**Fee:** \$95.00/10 weeks

**Instructor:** Flyptime II Staff

**Session begins:** October 4

**For more information:** (619) 865-9409



## KIDS NIGHT OUT

Every parent needs a break once in a while. Why not enjoy a night out while your children enjoy their own fun at Kids Night Out. Activities include, but are not limited to, games, crafts, movies, and dinner. Register early, space is limited. IF PROGRAM DOES NOT MEET MINIMUM ENROLLMENT, IT WILL BE CANCELLED THE WEDNESDAY PRIOR TO THE FRIDAY NIGHT.

**Day:** 3rd Friday of the month

**Time:** 5:30 - 9:30pm

**Ages:** 4 - 11 years

**Fee:** \$10.00 per child

**Dates:** Sept. 15, Oct. 20, Nov. 15



## KEIKI (CHILDREN'S HULA)

Introduce your child (keiki), boys and girls, to the Hawaiian language, as well as, songs and dances of Hawaii, Samoa, and Tahiti. Auntie Kathy is great with the keiki, and sharing the "Aloha Spirit" with them. Bring a lava-lava (sarong) and blank cassette tape.

**Day:** Wednesday **Time:** 5:30 - 6:30pm

**Ages:** 4 years and older

**Fee:** \$80.00/10 weeks

\$9.00/per class

**Instructor:** Kathy Healli O'Nalani Gore Stanley

**Session begins:** October 4

**For more information:** (619) 275-2259 or email

[Healliionalani@aol.com](mailto:Healliionalani@aol.com)





# YOUTH PROGRAMS

## MASTER SPORTS

### JUNIOR SPORTS

(PREVIOUSLY KNOWN AS PEE WEE SPORTS)

Participants will play soccer, basketball, tee-ball, flag football, and track n' field. Our coaching philosophy is to give each participant a foundation in each sport by incorporating rules of the sport into modified games that are appropriate for each age group and most importantly a lot of fun. We will capture their imagination while improving coordination and strength. Participants receive a shirt and baseball bat.

**Day/Time:** Monday 3:00 - 3:50pm  
or Saturday 9:00-9:50am (3-4yrs)  
10:00 - 10:50am (5-6yrs)

**Ages:** 3 - 5 years

**Fee:** \$85.00/8 weeks

**Instructor:** Master Sports Staff

**Session begins:** Sept. 30 & October 3



### SOCCER

Students will improve their ball handling, goal scoring, passing, and more in this class. Emphasis is given to improving motor skills, strength and conditioning, and overall awareness of what is occurring on the soccer field. Participants receive a shirt and soccer ball.

**Day:** Monday **Time:** 4:00 - 5:00pm

**Ages:** Kindergarten - 2nd grade

**Fee:** \$85.00/8 weeks

**Instructor:** Master Sports Staff

**Session begins:** October 3



### VOLLEYBALL SKILLS

UCSD Club player Talsia Blyething will help students learn and improve all facets of the game.

#### BEGINNER/INTERMEDIATE

**Day:** Tuesday **Time:** 4:00 - 5:00pm

#### ADVANCED

**Day:** Tuesday **Time:** 5:00 - 6:00pm

**Ages:** 10-14 years

**Fee:** \$85.00/8 weeks

**Instructor:** Master Sports Staff

**Session Begins:** October 4



### BASKETBALL SKILLS

Learn and improve different skills of the game in this fun, low pressure class. Participants receive a shirt and basketball.

**Day:** Tuesday **Time:** 4:00 - 5:00pm

**Ages:** Kindergarten - 2nd grade

**Day:** Tuesday **Time:** 5:00 - 6:00pm

**Ages:** 3rd - 6th grade

**Fee:** \$85.00/8 weeks

**Instructor:** Master Sports Staff

**Session begins:** October 4



**For more information contact Master Sports at  
(858) 518-1315 or visit [www.MASTERyourSPORTS.com](http://www.MASTERyourSPORTS.com)**

## WACKY WEDNESDAY

### AFTER SCHOOL PROGRAM

**NOW ENROLLING KIDS FROM SPRECKLES & CURIE!** This program will provide a wide range of activities designed for your child's age, skills, and interests in mind. Activities include arts and crafts, physical fitness, cooking, science, walking field trips, and homework labs. A snack will be provided; parents must provide a lunch.

**Day:** Wednesday **Time:** 12:30-5:30pm

**Ages:** Kindergarten - 5th grade

**Fee:** \$80.00/ 4 weeks (\$100/ Session III)

**Session I:** September 13 - October 4

**Session II:** October 11 - November 1

**Session III:** November 8 - December 13 (5 weeks)

**Coordinator:** PRC Staff



## AMERICAN RED CROSS

### BABYSITTERS TRAINING

Babysitters training gives participants the knowledge, skills, and confidence to care for infants through school-age children. This program addresses safety issues, preventing injuries and illnesses, first-aid, decision making skills, and age appropriate behavior and play. Student must attend entire class for certification. If class does not meet minimum enrollment by Wednesday, October 25, the class will be cancelled.

**Days:** Saturday, October 28

**Time:** 9:00am-4:00pm

**Ages:** 11 years and older

**Fee:** \$80.00/per session

**Instructor:** American Red Cross Staff

**For more information:** [www.sdarc.org](http://www.sdarc.org)



## CITY DANCE CLASSES

The City of San Diego Dance Department offers dance classes at affordable prices to enable children and adults from all backgrounds full participation in the study of various styles of dance. Each class meets once a week for 45 minutes.

**To Register:** Go to Standley Recreation Center on the DAY of the week and the TIME listed for your selected class. The teacher will give you further information, and will register you there.

**Day:** Tuesday

**Class/Time:** Pre-Tap (4-5 years) 3:45pm

Tap 1 (6-17 years) 4:30pm

Jazz 1 (6-17years) 5:15pm

**Fee:** \$35.00/semester

**Pre-registration:** Tuesday, September 19, 2006

**Semester begins:** Tuesday, September 26, 2006



For more information on this program contact the Dance Department at (619) 525-8258.

# ADULT & SENIOR PROGRAMS

## BEGINNING HATHA YOGA

Enjoy two hours of serenity! Reduce stress and tension. Increase strength, flexibility, balance, and inner harmony. Learn the foundation poses of yoga that will assist you in developing your own routine. Appropriate for all levels.

**Day:** Monday **Time:** 6:30 - 8:30pm

**Fee:** \$160.00/10 weeks \$144.00/Senior rate (65+) \$19.00/per class

**Instructor:** Shelley Aanerud, Certified Aananda Yoga Instructor, RYT 500

**Session begins:** October 2

**For more information:** (858) 587-0171



## INTERMEDIATE HATHA YOGA

Prerequisite: Beginning Hatha Yoga

Intermediate Hatha Yoga is a continuation of beginning yoga, deepening your experience of flexibility, strength, awareness and joy. Additional breathing techniques and advanced poses are added according to student ability. Drop in students must have previous yoga experience.

**Day:** Wednesday **Time:** 6:30 - 8:30pm

**Fee:** \$160.00/10 weeks \$144.00/Senior rate (65+) \$19.00/per class

**Instructor:** Shelley Aanerud, Certified Aananda Yoga Instructor, RYT 500

**Session begins:** October 4

**For more information:** (858) 587-0171

**A 10% DISCOUNT IS GIVEN TO STUDENTS THAT REGISTER FOR BOTH HATHA YOGA CLASSES**

## ADULT HULA DANCE

Bring a lava-lava or pa'u skirt and learn the latest moves to the sounds of Hawaii, Samoa, Tahiti, and New Zealand with Healii O'Nalani.

**Day:** Tuesday **Time:** 9:45 - 10:45am

**Ages:** 18 years - Adult

**Fee:** \$80.00/10 weeks \$70.00/Senior rate (55+) \$9.00/per class

**Instructor:** Kathy Healli O'Nalani Gore Stanley

**Session begins:** October 3

**For more information:** (619) 275-2259 or email Healii@onalani@aol.com



## HULA DANCE for Teens and Adults

Keep in shape and travel with Auntie Kathy on a voyage through the Pacific Islands with songs and dances of Hawaii, Samoa, Tahiti, and New Zealand. Bring a lava-lava (sarong) and a blank cassette tape.

**Day:** Wednesday **Time:** 6:45 - 7:45pm

**Ages:** 13 years - Adult

**Fee:** \$80.00/10 weeks \$70.00/Senior rate (55+) \$9.00/per class

**Instructor:** Kathy Healli O'Nalani Gore Stanley

**Session begins:** October 3

**For more information:** (619) 275-2259 or email Healii@onalani@aol.com

## CITY DANCE ADULT TAP



The City of San Diego Dance Department offers dance classes at affordable prices to enable children and adults from all backgrounds full participation in the study of various styles of dance. Each class meets once a week for 45 minutes.

**To Register:** Go to Standley Recreation Center on the DAY of the week and the TIME listed for your selected class. The teacher will give you further information, and will register you there.

**Day:** Tuesday **Time:** 6:00 pm

**Fee:** \$35.00/semester

**Pre-registration:** Tuesday, September 19, 2006

**Semester begins:** Tuesday, September 26, 2006

For more information on this program contact the Dance Department at (619) 525-8258.

## STRESSBUSTERS

Get ready for the holidays through aerobics, circuit, weights, steps, abdominals, and stretching.

**Days:** Monday & Thursday **Time:** 5:30 - 6:30pm

**Ages:** 14 years - Adult

**Fee:** \$100.00/8 weeks \$10.00/ per class

**Instructor:** Yvonne Bennett-Niang, ACE & AFAA Certified Instructor

**Session begins:** October 2

**For more information:** ybennettning@yahoo.com



## AIKIDO

Aikido is a non-competitive martial art focusing on the development of a calm mind, relaxed body, and strong spirit.

### BEGINNER

**Day:** Tuesday

**Time:** 6:30-8:30pm

### INTERMEDIATE/ADVANCED

**Day:** Thursday

**Time:** 6:30-8:30pm

**Ages:** 15 years - Adult

**Fee:** \$90.00/10 weeks

**Instructor:** Martin Katz, 5th Degree Black Belt, Aikido Association of America

**Session Begins:** October 3 & 5



## SENIOR CLUB

Senior Club meets every Friday from 9:00am to 2:00pm.

Bridge, pinochle, and card games are played. New-comers welcome. Bring a sack lunch. Coffee and tea is provided.

For more information call Ben at (858) 453-2340.



## PINOCHLE

Anyone interested in playing pinochle with nice people, call Ben at (858) 453-2340 for more information.

# FALL & WINTER CAMP

## FALL DAY CAMP

November 20 - 24, 2006

Standley Park and Recreation Center is offering a great place for fun this fall. This camp includes a variety of arts and crafts, sports, cooking activities, and team games. Please wear athletic shoes and bring a lunch daily. Snack provided.

**Days:** Monday, Tuesday, Wednesday, & Friday (No Camp Thanksgiving Day)  
**Time/Fees:** Regular Care Fees: \$100.00 9:00am - 4:00pm (\$25 Daily rate)  
 Extended Care Fees: \$120.00 7:00am - 6:00pm (\$30 Daily rate)  
**Ages:** 5 - 12 years

**REGISTRATION MUST BE DONE IN ADVANCE!**



## WINTER DAY CAMP

December 18-29, 2006

Standley Park and Recreation Center is offering a great place for fun this winter. This camp includes a variety of arts and crafts, sports, cooking activities, and team games. Please wear athletic shoes and bring a lunch daily. Snack provided. **REGISTRATION MUST BE DONE IN ADVANCE!**

**Ages:** 5 - 12 years

**Week 1: December 18-22 (Monday - Friday).....Movie/Arcade**

Regular Care Fees: \$115.00 9:00am - 4:00pm (\$25 Daily rate/ \$35 field trip)  
 Extended Care Fees: \$140.00 7:00am - 6:00pm (\$30 Daily rate/ \$45 field trip)

**Week 2: December 26-29 (Tuesday - Friday).....Wild Animal Park**

Regular Care Fees: \$100.00 9:00am - 4:00pm (\$25 Daily rate/ \$35 field trip)  
 Extended Care Fees: \$120.00 7:00am - 6:00pm (\$30 Daily rate/ \$45 field trip)

# YOUTH & ADULT LEAGUES

## Association for Athletics WINTER YOUTH BASKETBALL LEAGUE January 5 - March 3, 2007

- » **Grades:** 1st - 9th
- » **Registration fee:** \$90.00/\$95.00 late
- » **Registration dates:** Oct. 14 - Dec. 9
- » **Game locations:** Standley & Doyle
- » **Skills Assessment date:** December 9, 2006
- » **Game days:** Fridays, 5:00-9:00pm  
Saturdays, 9:00am - 4:00pm

### GENERAL INFORMATION

- » NO REFUNDS after skills assessment.
- » Practices are held inside and outside.
- » NO team requests.
- » Volunteer Coaches needed!



**FOR MORE INFORMATION CONTACT DARLENE**

**PHONE: (858) 587-4727**

**EMAIL: dthorig@afasports.com**

**WEB: www.afasports.com**

## MEN'S BASKETBALL LEAGUE

League plays on Tuesday nights from 6:30-9:30pm. League begins in August and runs for 16 weeks. League contact is John La Chica. Interested teams may contact John in person at the recreation center during league hours. Players over 30 only. Cost per season is \$284.00 per team.



## ADULT SOFTBALL LEAGUES

Standley Park Adult Softball Leagues begin in August and March of every year and run 17 weeks. Co-ed 3-pitch plays on Monday & Tuesday, and Men's 3-pitch plays on Wednesdays. All games are held between 6:00 and 10:00pm. Call Pete McNamara, League Director, at (858) 453-6208 for more information. Team entries only. Fee TBA.



## CO-ED VOLLEYBALL LEAGUE

Adult Co-ed 4's Volleyball league offers two divisions, A and B. Play Monday nights between 6:45 and 9:45pm. Next season begins in November. Fee is \$210.00 per team. For more information contact League Director, Farid Karimi at (619) 871-0047.



# SPECIAL EVENTS & OPPORTUNITIES



## HALLOWEEN CARNIVAL

FRIDAY, OCTOBER 27  
5:00-8:00PM

Carnival Games

Costume Contest

Arts & Crafts

Coloring Contest

COSTUME CONTEST TIMES	
Ages	Times
Non-walking	6:00pm
Walking-2	6:10pm
3-4 years	6:20pm
5-7 years	6:30pm
8-10 years	6:40pm
11-12 years	6:50pm

Fun Jump



## BREAKFAST WITH SANTA

Saturday, December 10  
9:00-11:00am

Enjoy a hearty breakfast, entertainment, and a chance to talk with Santa himself.

Tickets: Children \$5.00  
Adults \$7.00

Tickets go on sale Nov. 20, 2006  
Space is limited, purchase your tickets early!

\* For security purposes, baby strollers will not be allowed in the room. Thank you.

## VOLUNTEER OPPORTUNITIES

If you want to make a difference in a park or at a recreation facility, then there is a place for you at Standley Park & Recreation Center. Each year volunteers of all ages and abilities come and help with a number of programs, special events, and grounds maintenance. Many volunteers come to help individually or as part of a group. Students who need credit for completing community service work can have their hours verified for services provided at this facility.

Applications are available at Standley Recreation Center. The minimum age to volunteer is 13. Come make a difference in your community today by becoming a Park and Recreation Department Volunteer!

### ANNUAL SPECIAL EVENTS

(Planning already in progress!)

- U.C. 4TH OF JULY CELEBRATION COMMITTEE
- SUMMER CONCERT COMMITTEE
- SPRING EGG HUNT
- ANNUAL BANANA SPLIT
- HALLOWEEN CARNIVAL
- BREAKFAST WITH SANTA

**CALL NOW TO START  
VOLUNTEERING (858) 552-1652**



## DONATION OPPORTUNITIES

With the reduction of funds available to the Park and Recreation Department, donations become so valuable and make all the difference in your parks, recreation centers and swimming facilities.

You can make a general donation toward the park system or provide a designated contribution. No donation is too small. Listed below are some of the areas in need of donations:

- ♦ Adopt a Park
- ♦ Senior Services
- ♦ Aquatic Program Scholarships
- ♦ Summer/Winter Day Camps
- ♦ Children's Playgrounds
- ♦ Tiny Tots Programs
- ♦ General Donation
- ♦ Therapeutic Recreation Services
- ♦ Habitat Restoration

If you are interested in making a tax-deductible donation toward any of the above areas or to your local recreation center, pick up a Park & Recreation Donor Form at Standley Recreation Center or visit:

<http://www.sandiego.gov/park-and-recreation/general-info/donation.shtml>

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS, AND AIDS-RELATED COMPLEX.) IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT THE DISTRICT MANAGER AT (858) 538-8172) OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.